



## Qualifying Health Care FSA Expenses

The following is not a complete list of all eligible expenses. Purchases and expenses must be related to medical necessity and must fall within the legal definition of medical care as defined in Code 213 (d). Expenses and purchases can be incurred by the plan participant, spouse, or eligible dependent. Refer to your employer's Summary Plan Description for details specific to your plan. Additional forms and brochures are available at [www.upmhealthplan.com/members/learn/consumer-advantage](http://www.upmhealthplan.com/members/learn/consumer-advantage).

### Eligible Expenses

Acupuncture  
 Alcoholism treatment  
 Ambulance transportation  
 Arthritis gloves  
 Artificial limbs  
 Artificial teeth  
 Asthma treatments  
 Bandages, elastic, gauze pads  
 Blood pressure monitors  
 Braille books and magazines  
 Breast Pumps  
 Breast reconstruction surgery following mastectomy

Carpal tunnel wrist supports  
 Chelation therapy  
 Chiropractors  
 Circumcision  
 Coinsurance amounts  
 Contact lenses, materials, and equipment  
 Copayments  
 Crutches  
 Deductibles  
 Dental sealants  
 Dental treatment  
 Dentures and denture adhesives  
 Diabetic supplies  
 Drug addiction treatment/treatment of drug overdose

Egg donor fees  
 Eye examinations, eyeglasses, equipment, and materials  
 First aid kits  
 Flu shots  
 Fluoridation device or services  
 Guide dog  
 Hearing aids  
 Hospital services  
 Immunizations  
 Laboratory fees  
 LASIK eye surgery  
 Learning disability, instructional fees  
 Medical alert bracelet or necklace  
 Medical information plan charges

Medical monitoring and testing devices  
 Medical records charges  
 Norplant insertion or removal  
 Obstetrical expenses  
 Occlusal guards to prevent teeth grinding  
 Operations  
 Organ donors  
 Osteopath fees  
 Oxygen  
 Patterning exercise  
 Physical exams  
 Physical therapy  
 Preventive care screenings  
 Prosthesis  
 Psychiatric care  
 Radial keratotomy  
 Sleep deprivation treatment  
 Sterilization procedures  
 Sunscreen with SPF 15+ and "broad spectrum" sunburn creams and ointments (over-the-counter)

Taxes on medical services and products  
 TV/phone for hearing impairment  
 Thermometers  
 Transplants  
 Transportation expenses for person to receive medical care  
 Usual and customary charges, excess  
 Vaccines  
 Walkers  
 Wheelchair  
 X-ray fees

### Eligible Expenses with a Prescription

Allergy medicine  
 Antacids  
 Antibiotic ointments  
 Antihistamines  
 Anti-itch creams  
 Aspirin  
 Calamine lotion

Claritin  
 Cold medicine  
 Decongestants  
 Diaper rash ointment and creams  
 Diarrhea medicine  
 Expectorants  
 Eye drops  
 Headache medications  
 Hemorrhoid treatments  
 Insect bite creams and ointments  
 Laxatives  
 Menstrual pain relievers  
 Motion sickness pills  
 Pain relievers  
 Sinus medications  
 Toothache and teething pain relievers  
 Yeast infection medication